

## Services available to support children vulnerable to and at risk of child exploitation.

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	<b>Services offering direct support for children and young people</b>	
RISE - Reducing Incidents of Child Exploitation	Specialist multiagency CSE team. Providing support to children and young people affected by child sexual exploitation. Support offered includes mentoring	<a href="mailto:rise@northants.pnn.police.uk">rise@northants.pnn.police.uk</a> Tel: 01604888345
CIRV – Community Initiative to Reduce Violence	Multiagency gang intervention programme with a priority area of reducing knife crime. 1:1 bespoke guidance and support including for employment, training, lived experience mentoring to tackle serious youth violence, life coaching, GPS buddi tracker, court reports, trauma therapy, mediation..	<a href="http://CIRV-CommunityInitiativeReduceViolence(cirv-nsd.org.uk)">CIRV - Community Initiative to Reduce Violence (cirv-nsd.org.uk)</a>
OFPC Early Intervention Family Support Service	Offer early support for children, young people and their families aim to prevent the need for longer term and more costly and complex intervention. Within the team we have specialisms such as prevention and education around knife crime and exploitation and we support families affected by domestic abuse.	<a href="http://TheEarlyInterventionFamilySupportService-NorthamptonshirePolice&amp;FireCommissioner(northantspfcc.org.uk)">The Early Intervention Family Support Service - Northamptonshire Police &amp; Fire Commissioner (northantspfcc.org.uk)</a>
Young People’s Service (NCT)	The Young People’s Service is dedicated to supporting young people aged 11 to 18 who are experiencing issues such as criminal and sexual exploitation, knife crime, serious youth violence, gang affiliation, harmful sexual behaviour, being out of education, self confidence and self esteem, identity and culture, family breakdown, domestic abuse, missing episodes etc. We support you and all young people through building trust and being proactive and persistent. If you need extra support we can do this through an early help assessment or through working with your social work	You can contact our team to discuss your circumstances and how we can support you by emailing <a href="mailto:cfss@nctrust.co.uk">cfss@nctrust.co.uk</a>
Ngage	NGAGE with Aquarius is an early intervention drug and alcohol service for young people aged 10-18 in Northamptonshire. Provides education, advice and support to young people in relation to drug and alcohol use. ,	<a href="mailto:ypnorthamptonshire@aquarius.org.uk">ypnorthamptonshire@aquarius.org.uk</a> Tel: 01604 633848
NHFT School nursing service	Work with children aged between 5 and 19 years old and offer support on many different areas of life including encouraging healthy lifestyle choices,	

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	in depth health assessment, support with emotional wellbeing and identifying children who may need additional support Children's	
CHAT Health	Young people aged 11-19 years old can text a school nurse for free confidential help and advice.	text 07507329600 (mon- Fri 9am to 4pm)
CAMHS LIVE	CAMHS LIVE offers support to, advice and guidance to young people aged 13 years and older and to professionals and parents who have concerns about a young person emotional wellbeing or mental health. Here to help you access the mental health service you may need.	You can speak to us live online Mon to Fri 9am to 7pm at <a href="#">CAMHS Live   NHFT</a>
EXPRESSO Yourself	Wellbeing Cafes for young people. CAMHS, together with at Andrews Healthcare, Lowdown and Youthworks offer weekly cafes for young people to drop in and talk to a mental health professional in a safe space.	<p>There is no need to call or book an appointment, please drop in to one of the locations and timings below:</p> <p><b>Monday and Friday - 4pm to 8pm</b> The low down, 3 Kingswell St, Northampton NN1 1PP 01604 634385</p> <p><b>Tuesday - 4pm to 8pm</b> Youth Works at Corby Mind, 18 Argyll Street, Corby, NN17 1RU 01536 518339</p> <p><b>Wednesday 4pm - 8pm</b> Chat, Souster Youth Building, 30 Market Road, Thrapston, NN14 4JU 01832 274422</p> <p><b>Thursday - 4pm to 8pm</b> Youth Works, Keystone, 97 Rockingham Road, Kettering, NN16 9HX 01536 518339</p> <p><b>Saturday 10am - 2pm</b> Service Six, 15 Sassoon Mews, Wellingborough, NN8 3LT 01933 277520</p>

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		<b>Saturday 12pm - 4pm</b> Time 2 Talk, The Abbey, Market Square, Daventry, NN11 4XG 01327 706706
Free2Talk	Free2Talk's ethos is about instilling young people with confidence & resilience. We can provide you with a range of various types of support, activities & workshops from 1-2-1 Mentoring, Music Courses, Youth Groups or Forest Schools, Free2Talk has something for everybody to enjoy.	<a href="#">Free2Talk CIC   Youth &amp; Community Organisation   Northamptonshire</a>  <a href="mailto:enquiries@free2talkcic.org">enquiries@free2talkcic.org</a>
Time2talk  Daventry and South Northamptonshire	Time2Talk is a mental health charity that offer a range of free services for young people in the <b>Daventry District and South Northamptonshire areas</b> . This includes counselling for young people between the ages of 11-18,	01327 706706. <a href="#">Time2Talk - Your Time to Talk, Our Time to Listen.   time2talk</a>
CHAT Youth Counselling  East Northamptonshire	Confidential support and advice from qualified professionals through 1-2-1 Counselling or Therapeutic Mentoring (using clay/textiles etc) whichever enables you to best explore your emotions and feelings.	01832 274422 <a href="mailto:info@chatyouthcounselling.org.uk">info@chatyouthcounselling.org.uk</a>
Youth works  Corby and Kettering	Charitable Organisation that delivers education and support services to young people. Includes counselling, Youth works community college, LGBTQ+ support, youth activities and holiday club, family support, 16-18 transitions team	<a href="#">Youth Works Northamptonshire</a>
The Lowdown  Northampton	Low Down provides free and confidential support services for 11- 25-year-olds in Northamptonshire. Services include counselling, wellbeing drop-ins, LGBTQ+ support, practical support, and sexual health.	<a href="#">The Lowdown   Free and confidential support for 11-25 year olds</a> <a href="tel:01604634385">01604 634385</a>
Service Six  East Northamptonshire and Wellingborough	With a focus on early intervention, Service Six offer includes emotional wellbeing support, LGBTQ+ youth group, trauma therapy, youth counselling etc	<a href="#">Service Six- Geographical Areas and Services</a> <a href="https://www.servicesix.co.uk/">https://www.servicesix.co.uk/</a> Tel: 01933 277520 Referral - <a href="mailto:referrals@servicesix.co.uk">referrals@servicesix.co.uk</a>

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Family Support link	Family Support link -free, accessible and non-judgemental support, to those affected by another's substance misuse throughout Northamptonshire, referrals for adult and children's 1:1 support and groups	<a href="#">Welcome to Family Support Link</a>
Child and Adolescent Bereavement Service	The child and adolescent bereavement services (CABS) offers individual and group bereavement counselling to children and adolescents in the Northamptonshire area, in a school setting or at the Northampton General Hospital, children's out-patients department. We offer support to parents, carers, school staff or any agency which are caring or working with a bereaved child or adolescent. We also offer support to families where a member has a terminal illness. Training can be provided to schools and agencies	<a href="#">Child and Adolescent Bereavement (northamptongeneral.nhs.uk)</a>  <a href="#">01604 545131</a>
ADHD and ASD Service	For young people aged 5-18 years. This service offers full diagnostic assessments for attention deficit hyperactivity disorder (ADHD) and autism spectrum disorder (ASD). It also offers post-diagnosis support. The team helps develop coping strategies for the patient and their families. It promotes independent living skills and offers support with further education and employment. It works with families to give them all the information they need. It also runs workshops where families can learn more.	<a href="#">ADHD and ASD Service (Children and Young People) - NHFT - Local Offer (northamptonshire.gov.uk)</a>
KidsAid	Long term therapeutic support for children and young people who have experience trauma.	<a href="#">KidsAid   Childrens Charity Northampton</a>
Saints Foundation	Education and social inclusion programmes. School holiday activities	<a href="#">Northampton Saints Foundation</a> For general Foundation enquiries please contact <a href="mailto:admin@northamptonsaintsfoundation.org">admin@northamptonsaintsfoundation.org</a> or call 01604 751543.

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Prospects	<p>Prospects provides the careers service for Northamptonshire making sure young people in need of specialist help can access the guidance and support they need to move into education, employment, and training.</p> <p>Young people who live in Northamptonshire, are over school leaving age and are NEET (not in education, employment or training) can access this free service for the following 2 years.</p> <p>Young people with an Education, Health &amp; Care Plan and young people who have left care can access the service until they are 25.</p>	<p><a href="#">Prospects Now-help for young people with jobs, training &amp; apprenticeships</a></p>
Guiding Young Minds (GYM)	<p><i>Urban Specialist Consultant in Gang Culture, Serious Youth Violence, mediator and Gang Exit Strategist (Mentor) Our speciality is to work with young people in a holistic, inclusive way, no matter the issue or difficulty they are facing, we have experience in working with offenders, victims, and witnesses.</i></p> <p>1:1, Group Work, School Workshops GYM Youth Bus drop ins, Talks, Assemblies, Mentoring, Therapy, Training, Risk assessment, consulting, mediation and Gang Exit Strategist</p>	<p><a href="mailto:Anton@assisttraumacare.org.uk">Anton@assisttraumacare.org.uk</a>          Tel: 01788551919(office)          Mob: 07415042554 / 07908156992</p>
Integrated Sexual Health services	<p>Sexual health services, including daily walk in clinics for under 19's in Northampton and Kettering          C- card services (free condoms) and home testing kits are also available via this website</p>	<p><a href="#">Integrated Sexual Health Service   NHFT</a>          Young people aged 13 to 24 can speak to a member of the sexual health team by text for free advice and support on 07312 263114</p>
Serenity – Sexual Assault Referral Centre	<p>Help and support for people, including children under the age of 18, who has been raped or sexually assaulted, comprehensive support from medical examination to follow up care and therapeutic support.</p>	<p><a href="#">Serenity sarc - support for those who have been raped or sexually assaulted in Northamptonshire   NHFT</a>  <b>Sexual Assault Referral Centre</b>          Entrance D          Highfield Clinical Care Centre</p>

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		<p>Cliftonville Road Northampton, NN1 5BU</p> <p><b>Helpline:</b> 01604 601713 Mon-Sun: 24 hours, 365 days</p> <p><b>Office number:</b> Telephone: 0300 027 0040 Email: <a href="mailto:serenity@nhft.nhs.uk">serenity@nhft.nhs.uk</a> Monday-Friday: 08.00-18.00</p>
Off the streets	assemblies, classroom lessons, and 121 talks discussing knife crime and first aid responses.	<a href="mailto:otswellingborough@gmail.com">otswellingborough@gmail.com</a>
Frank Bruno Foundation	The Frank Bruno Foundation will offer wellbeing programmes and structured non-contact boxing sessions for any one over the age of 10 years, who are experiencing problems with mental ill-health. The Round-by-round programme will consist of 2 weekly sessions of emotional wellbeing and non-contact boxing. Sessions will be age and ability appropriate. The centre will be open 5 days a week for different clients to access.	<a href="#">Home - The Frank Bruno Foundation</a>
The Compound Wellingborough	To give young people opportunities to better themselves and build positivity amongst the next generation, keeping them away from gangs, crime and social exclusion, so they can build better futures for themselves.	Kamlesh Parmar – lead mentor/coach <a href="mailto:thecomoundwellingborough@gmail.com">thecomoundwellingborough@gmail.com</a>
Seeds of Change	Specialise in developing individuals through personal growth, education, building confidence and working in partnership with horses. They offer a range of transformational courses and training programmes	<a href="#">The Seeds of Change: Personal Growth and Development, Equine Facilitated Learning</a>
Broad Horizons	Broad Horizons aims to tailor make the packages of support to meet the individual needs of the clients that are referred to us. There is a strong emphasis on working in partnership with the team around the client.	<a href="https://www.broadhorizons.org.uk/">https://www.broadhorizons.org.uk/</a>

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	Regular, 6-8 weekly, reviews of the therapy are a standard practice which professionals are encouraged to attend. All therapists are experienced at attending Multi-Agency professional meetings that are required to support the wider needs of the client or family. In addition to the direct Therapy provision Broad Horizons offers Well-being supervision packages for community organisations such as schools and teams as well as a comprehensive training program including Understanding Behaviour, Dissociation, Attachment, Resilience, Trauma, and Shame DARTS model.	
Anne Letts Education	The following workshops:- ASB / hate crime / knife crime awareness / Light touch peer pressure into gangs / 2 day anti-crime ambassador student leadership training programme	<a href="mailto:info@annalettseducation.org">info@annalettseducation.org</a>
Shine Girl	<i>9-week, intervention, and prevention programme, aimed at young women who are at risk of or involved within county lines, gang culture or the youth offending service. The course helps to equip young women with the knowledge and Criminal involvement, addiction, poverty, shame, lack of self-confidence and worth often means that young women believe they have no purpose, no value or that someone would even give them a chance or a way out. SHINEGirl looks at building resilience and emotional regulation, empowering the young women to aim for a brighter future because they are worth it.</i>	Download a referral form by visiting <a href="#">SHINE Girl referral form</a>  Please send referral forms to Mell via <a href="mailto:YW@c2csocialaction.com">YW@c2csocialaction.com</a>
Barnardo's Independent Child Trafficking Guardians	Providing support to frontline professionals to enable them to support and safeguarding children who have been trafficked. Provide support for young victims to help them cope with practical and emotional trauma of being trafficked.	0800 043 4303 <a href="#">ICTG - East Midlands   Barnardo's (barnardos.org.uk)</a>
Impact Now	Provides services to children and young people, people with disabilities and adults to develop life skills, advance education, direct 121 intervention work, counselling and support. Includes food bank and drop in services at	<a href="http://impact-now.org.uk">impact-now.org.uk</a> <a href="mailto:info@impact-now.org.uk">info@impact-now.org.uk</a> 07401884131

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Rape Crisis	Have a Children & Young People's Independent Sexual Violence Advisor who is a dedicated single point of contact for children and young people affected by sexual violence Provide counselling for young people affected by sexual violence Have a range of age appropriate curriculum resources to help schools raise awareness of consent, healthy relationships, pornography etc.	Please email <a href="mailto:info@northamptonshirerapecrisis.co.uk">info@northamptonshirerapecrisis.co.uk</a> or call us on 01604 250721 to find out how we can help you.
Voice	Voice offers support to children and young people under the age of 21 who have been victims of or witnesses to crime.	<a href="http://voicenorthants.org">Get Help   Voice for Children &amp; Young People (voicenorthants.org)</a>
Eve	Programme of support for children upto 18 years of age who have experienced or been exposed to domestic abuse.	<a href="http://eveda.org.uk">Children's Programme - Eve (eveda.org.uk)</a>

<b>Online support/resources for young people</b>		
Fearless	Fearless enables young people to pass on information about crime 100% anonymously	<a href="http://crimestoppers-uk.org">Fearless: Anonymous Reporting for a Safer Community   Crimestoppers (crimestoppers-uk.org)</a> 0800 555 111
CEOP – Child Exploitation and Online Protection	Young people, parents, and professionals are able to report online abuse and sexual imagery via this website.	<a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a> <a href="https://www.ceop.police.uk/Safety-Centre/">https://www.ceop.police.uk/Safety-Centre/</a>
Childnet	<a href="#">"Just send it"   Childnet</a> Childnet International – Sexting resource 12+	
Sharing Nude – advice and guidance	This non-statutory advice aims to support designated safeguarding leads (or equivalents) and senior leadership teams in education settings in England in responding effectively to incidents involving the sharing of nudes and semi-nudes. It includes guidance on: <ul style="list-style-type: none"> <li>risk assessing incidents</li> </ul>	<a href="http://www.gov.uk">Sharing nudes and semi-nudes: advice for education settings working with children and young people - GOV.UK (www.gov.uk)</a>



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	<ul style="list-style-type: none"> <li>• safeguarding and supporting children and young people</li> <li>• handling devices and imagery</li> <li>• recording incidents, including the role of other agencies</li> </ul> providing education on the sharing of nudes and semi-nude	
NSPCC	Support for Parents, children, - and young people	<a href="#">NSPCC</a>
The Mix	Free information and support for mental health and well-being for under 25s in the UK	he Mix Mental Health Support
PAPYRUS (Prevention of Young Suicide)	Provides confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person through our helpline: Freephone 0800 068 41 41	<a href="#">Papyrus UK Suicide Prevention   Prevention of Young Suicide (papyrus-uk.org)</a>
Hope Again	Hope Again is the youth website of Cruse Bereavement Support. It is a safe place where you can learn from other young people, how to cope with grief, and feel less alone	<a href="#">Hope Again</a>
Runaway helpline	Runaway Helpline is here if you are thinking about running away, if you have already run away, or if you have been away and come back. You can also contact us if you are worried that someone else is going to run away or if they are being treated badly or abused	Call or text: 116 000
Safe Young Lives	Support for young children affected by seeing domestic abuse.	<a href="#">Safe Young Lives</a>
St Giles Trust	National Charity providing a wide range of support, including support for children who have experienced criminal exploitation.	<a href="#">Who We Are - St Giles (stgilestrust.org.uk)</a>
Information Advice Support service (IASS)	Provides free, confidential, impartial advice, and support to children and young people with Special Educational Needs and Disabilities (SEND), and their parents/carers. We offer advice to professionals who support children and young people with SEND and their families. Including advice where a child with SEND has been excluded from school about us	<a href="http://iassnorthants.co.uk/Pages/home.aspx">iassnorthants.co.uk/Pages/home.aspx</a>
Young Minds	Support for young people, parents and professionals with young people's mental health	<a href="#">YoungMinds   Mental Health Charity For Children And Young People   YoungMinds</a>

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<b>SUPPORT FOR PARENTS/CARERS/ FAMILIES</b>		
PACE – Parents Against Exploitation	Support parents and carers whose children are being exploited by offenders outside the family.	<a href="https://paceuk.info/">https://paceuk.info/</a>
FACT	FACT Northampton is a parent support group for the families of children and young adults with an Autistic Spectrum Disorder/Asperger’s Syndrome	<a href="http://Home(factnorthants.org.uk)">Home (factnorthants.org.uk)</a>
Teen Triple P	Parents of teenagers aged 11-16. 8 weekly sessions, followed by 3 weeks of telephone support then a final week) Teen Triple P can help you build a better relationship with your teenager, reduce conflict, keep your teenager safe, be realistic about parenting, take care of yourself as a parent.	Referrals into <a href="mailto:cfss@nctrust.co.uk">cfss@nctrust.co.uk</a>
Crisis Cafes	Emotional Wellbeing Café for over 18’s	<a href="#">Crisis cafés   NHFT</a>
Eve	Specialist programmes to help both the victims and domestic abuse and work with the perpetrators.	<a href="#">Eve - Domestic Violence &amp; Abuse Help Northamptonshire (eveda.org.uk)</a>
Northamptonshire Domestic Abuse Service - NDAS	Domestic Abuse support	<a href="#">Northamptonshire Domestic Abuse Service</a>
Family Lives	National family support charity, advice, and support for struggling families	<a href="#">Family Lives Northamptonshire</a>
Karma Nirvana	Helpline to support victims of domestic abuse and survivors of honour based and forced marriage	<a href="#">Karma Nirvana</a>
Mankind	For men experiencing domestic abuse for advice and support	<a href="#">Mankind Domestic Abuse</a>