



Northamptonshire Safeguarding Children Partnership

E-Learning Course Catalogue 2020—2021



Courses provided by the Virtual College

Introduction

The NSCP E-Learning courses are provided by the Virtual College, the NSCP purchases a number of licences annually to be used by partner organisations free of charge.

This document gives an overview of the courses available, each page is split into sections to give you an overview of the following:

- Course outline
- Learning Objectives
- Level / Professionals aimed at.
- Expected duration

A number of courses previously available have been updated and renamed, this document will also details the previous names of courses and new courses.

If you require more information on the NSCP Training including access to face to face training and the Learning and Development Strategy please visit the NSCP website [here](#).

How to Guides

The NSCP have produced 2 useful guides to get you started with its e-learning courses. Please click on the links below to view these guides.

[Getting Started with E-Learning—Setting up an account and beginning a course.](#)

[How to reset your username and password.](#)

If you have any questions or queries regarding NSCP E-Learning please contact the Business Office on nscp@northamptonshire.gov.uk

Course List

Safeguarding Children Level 1, 2 and 3

Safeguarding Children Refresher

Safeguarding Children in Education

Awareness of Domestic Violence and Abuse

Awareness of Forced Marriages

Child Poverty

Child Sexual Exploitation

E-Safety

Fabricated and Induced Illness

FGM (Abuse linked to Faith or Belief)

Gang Related Issues and County Lines

LGBT Awareness

Modern Slavery and Trafficking

Radicalisation and Extremism

Safeguarding and Leadership

Safer Recruitment

Safer Sleeping for Babies

Self Harm

Sexual Health

Suicidal Thoughts

Supporting Teenagers and Young People

Toxic Trio

Working with Children with Disabilities and Learning Difficulties

Safeguarding Children Level 1 , 2 and 3

The Safeguarding Children Level 1, 2 and 3 course has replace the Introduction to Safeguarding Course and the Awareness to child Abuse and Neglect Course.

Course Outline

This course covers the core information for Safeguarding Children at Level 1, 2 and 3. It introduces safeguarding as a topic, covering jargon, multi-agency working and best practice, as well as how to identify the signs and symptoms of abuse and what you should do if you suspect a child is being abuse or discloses information. The core content also covers national and local context, whistleblowing and focuses on your role and what you can do to recognise and reduce the likelihood of abuse. The final part focuses on how to deal with suspected and disclosed abuse at Level 1. 2 and 3.

Learning Objectives

- Explain the profound effect some well known cases of child abuse have had on legislation
- Explain the importance of multi agency co-operation
- Define Safeguarding in respect to children and young people
- Describe what you need to do if a child makes a disclosure or if you suspect abuse
- Explain what whistleblowing is, what it is not and why it is important
- List the ways you can reduce risk of abuse
- List the signs and symptoms of different types of abuse
- Outline your roles and responsibilities

Level / Professionals Aimed at

These courses are aimed at all professionals. The level taken should be determined by your manager or by consulting the Learning and Development Strategy.

Expected Duration

The Level 1 course will take around 3 hours, taking the Level 3 course will increase to around taking around 4-5 hours due to the extra information contained in this course.

Safeguarding Children Refresher

This course should be taken as a refresher after taking one of Safeguarding Children Level 1, 2 or 3 courses. It is recommended a refresher safeguarding course is taken every 2 years.

Course Outline

It is a statutory requirement for anyone who works with children to update their knowledge of safeguarding policies, legislation and guidance so they can proactively focus on keeping them safe from harm and maintain the ability to act on any concerns about the safety and welfare of children and young people. The government guidance states that refresher training should take place.

Learning Objectives

- To apply the changes to practice made over the past three years to your work
- Identify different levels of harm and follow the appropriate safeguarding procedures
- Collect safeguarding children information from both a local and national context

Level / Professionals Aimed at

This course is aimed at all professionals and is suitable for all levels as a refresher to the Safeguarding Children Level 1,2 or 3 course.

Expected Duration

This course will take around 2-3 hour to complete.

Awareness of Domestic Violence and Abuse

Course Outline

This course covers a wide range of information and guidance for all those working with individuals, both child and adult, who are vulnerable to domestic abuse or suffering from it.

Learning Objectives

- Describe the physical and psychological effects of Domestic Violence and Abuse
- Outline the behaviours displayed by an abusive person
- Explain the impact of Domestic Violence and Abuse on children, young people and vulnerable adults
- Outline the MARAC process
- Describe best practices for supporting those experiencing Domestic Abuse

Level / Professionals Aimed at

This course is relevant for all professionals coming into contact with children and families. The course is aimed at professionals working at Level 1 and 2 however, would be relevant to professionals working above this in providing an introduction to the subject before moving onto undertake more specific training.

Expected Duration

This course is designed as a bitesize course and will take around 1.5 — 2 hours to complete.

Awareness of Forced Marriages

Course Outline

This online course has been developed with the Forced Marriage Unit of the Foreign Office and aims to raise awareness, challenge perceptions and inform you of the correct actions to take should you suspect someone is at risk.

Learning Objectives

- Recognise the warning signs of Forced Marriage
- Take the right actions to help protect the potential victim
- Cooperate effectively with other agencies

Level / Professionals Aimed at

This course is aimed at all professionals who have a responsibility to safeguard vulnerable children, young people and adults at risk and is aimed specifically at child protection services, health professionals, education professionals, police officers, children's social care, adult social care and housing authorities.

Expected Duration

This course will take around 2 hours to complete.

Child Poverty

Course Outline

Anyone working with children and families maybe exposed to children in poverty. Being able to identify children in poverty is a crucial step to help them and their families out of poverty and support them in the future.

The modules in this course provides information on the potential causes of poverty, how to help children and their families, guidance on multi-agency working and the learners roles and responsibilities as a practitioner.

Learning Objectives

- The definition of relative and absolute child poverty
- The economic inequality in the UK
- The impact of poverty on children
- How to understand your role and multi agency working
- Safeguarding with regard to child poverty
- Best Practice

Level / Professionals Aimed at

This course is for anyone who is working or will be working with children who may be in poverty or vulnerable to poverty. Key roles include:

- Teachers
- Social Workers
- Health Workers
- Care Workers
- Pastoral
- Nurses
- Receptionists

Expected Duration

This course will take around 1 - 2 hours to complete.

Child Sexual Exploitation

Course Outline

Child sexual exploitation is a form of child abuse that is defined as an individual or group that coerces manipulates or deceives a child or young person under the age of 18 into sexual activity. This can be for something the victim wants or needs or it can be for a financial advantage to the perpetrator. The training covers the effects and impacts of sexual exploitation of children. Through up to date information on CSE, learner challenges and scenarios for an interactive learning experience.

Learning Objectives

- Identify what child sexual exploitation is and how it happens
- Demonstrate what to do if you identify a child to be a Section 17 or Section 47 risk.
- Define human trafficking
- Assess the threat of online grooming
- Summarise the process of grooming

Level / Professionals Aimed at

This course has been designed for all those working with vulnerable children and gives both information and guidance on sexual exploitation. Specific professional this course is relevant to include:

- Teachers
- Teaching Assistants
- Pastoral
- Healthcare Workers
- Social Workers
- Councillors

Expected Duration

This course will take around 1 - 2 hours to complete.

E-Safety

Course Outline

This course describes the various forms of abuse and danger caused by the use of technology and the internet, both for adults and children, and gives detailed information on how to counter its effects. You will be able to identify adults and children at risk, what forms online abuse takes and how to recognise them, and information on how to help and protect adults and children.

Learning Objectives

- Explain what e-Safety is.
- Identify how children and young people use technology and the internet
- Outline the benefits and risks of children and young people using technology and the internet
- Explain how to audit e-Safety and produce or update e-Safety policies
- Protect and manage personal data
- Identify and report abusive behaviour online
- Identify legislation that covers these issues, both across the UK as a whole and also as specific to Scotland, Northern Ireland, and England and Wales.
- Outline how online grooming occurs
- Explain how to report abuse and help victims, and give advice on staying safe online

Level / Professionals Aimed at

This course is relevant for all practitioners working with children and young people at any level.

Expected Duration

This course will take around 4 hours to complete.

Fabricated and Induced Illness

This is a new course available for learners.

Course Outline

Fabricated Induced Illness (FII) is a rare form of child abuse that can often go unnoticed. This course describes the symptoms of FII and the risk factors that can lead to it, and includes case studies, guidance for practitioners. It will help those healthcare workers and those working with children to be more aware of FII

Learning Objectives

- Explain what is meant by FII.
- Describe the classification of FII
- List indicators of FII
- Outline risk factors that increase the likelihood of FII
- Outline the impact of FII on children

Level / Professionals Aimed at

This course is suitable for those working with children and in healthcare. Specific roles this course is relevant for include:

- Teachers
- Teaching Assistants
- Health care workers
- Social workers
- Nursery staff

Expected Duration

This course will take around 1 - 2 hours to complete.

FGM (Abuse linked to Faith or Belief)

This course replaces the previous course Female Genital Mutilation: Recognising and Preventing FGM.

Course Outline

This wide-ranging course covers FGM (female genital mutilation), abuse linked to faith or belief, and forced marriage. This course help learners to understand the links between these issues, provides information on how to identify vulnerable people, and how to report and act on such knowledge. This course is specifically designed to help people coming into contact with young people and their families during the course of their work to promote good safeguarding practice, whilst being culturally aware.

Learning Objectives

- Define FGM, its terminology and types, its origin, and the justification for it
- Learn how it is carried out
- Understand the prevalence of FGM and related statistics
- Know legislation relating to issues in this course
- Understand guidance for practitioners
- The definition of child abuse linked to faith or belief, and abuse from spirit possession
- Definition of honour-based violence and link to forced marriage
- Understand the prevalence and consequences of honour-based violence
- Know the definition of forced marriage including indications and consequences of forced marriage

Level / Professionals Aimed at

This course is suitable for those working with children, young people and adults in safeguarding, teachers, or various volunteer roles.

Expected Duration

This course will take around 3 - 4 hours to complete.

Gang Related Issues including County Lines

This is a new course available for learners.

Course Outline

This course describes how children and young people can be vulnerable to gang related issues, Child Criminal Exploitation (CCE), and the definition of 'county lines'. You will be able to identify the signs of children and young people at risk and what forms gang related issues can take. The course gives information on how to report and act to protect those at risk or already involved in these issues.

Learning Objectives

- Define the term 'gang' and the impact gang related issues can have
- Recognise how children can be groomed into gangs, and the links to Child Criminal Exploitation
- Understand gang language, terms and lifestyle influences
- Identify barriers to engaging with young people who may be associated with gangs
- Outline 'county lines', its signs of activity, and how it operates
- Explain Child Criminal Exploitation (CCE) and identify those vulnerable and what actions to take.

Level / Professionals Aimed at

This course is relevant for all professionals working with children and young people. Specific professionals who will find this course relevant include:

- All school staff
- Social Workers
- Police staff
- Healthcare workers

Expected Duration

This course will take around 1 - 2 hours to complete.

LGBT Awareness

This is a new course available for learners.

Course Outline

This is a wide-ranging course covering awareness of LGBTQ matters, including health and education, definitions of important terms, bullying and discrimination faced by LGBTQ people, and includes challenges and interactivity to engage learners.

Learning Objectives

- Explain what is meant by LGBTQ, gender identity disorder and gender dysphoria
- Explain what is meant by minority stress
- Outline the challenges, health inequalities and discrimination faced by LGBTQ people in society
- Describe bullying faced in school
- Outline actions schools and colleges can take to build a supportive environment.

Level / Professionals Aimed at

This course is relevant for professionals in all agencies. School staff will find this course particularly useful.

Expected Duration

This course will take around 1 - 2 hours to complete.

Modern Slavery and Trafficking

Course Outline

It is vital that the perpetrators of these crimes are caught, which is only possible with the support of front-line professionals who are trained in identifying potential signs of exploitation and understand the appropriate course of action to take. That's what our this course is designed to educate people about. A key aim of this training is to provide learners with a strong context so they can easily relate to the situations presented to them within the training. To achieve this, the course uses immersive real world scenarios and case studies to help professionals apply knowledge into their roles.

Learning Objectives

- Explain the main components of modern slavery and trafficking and who could be at risk.
- Recognise indicators of modern slavery.
- Outline the legislative framework of modern slavery & trafficking.
- Recognise who traffickers are.
- Explain what is meant by online sex trafficking.
- Understand the scale of trafficking and how it is investigated.
- Know the different types of exploitation, slavery and forced labour and how to report to the relevant agencies.

Level / Professionals Aimed at

This course is aimed at all professional particular practitioners who would find this course useful are detailed below:

- Police staff
- Social workers
- Teaching staff
- Healthcare professionals
- Care workers

Expected Duration

This courses will take around 3 - 4 hours to complete.

Radicalisation and Extremism

This course has been renamed from Understanding the Pathways to Extremism.

Course Outline

Safeguarding anyone against radicalisation and extremism is an extremely important responsibility. It's crucial that anyone working with vulnerable children, young people or adults are able to recognise the signs and symptoms of potential radicalisation. This course will help learners to understand various forms of radicalisation and extremism and how it can be recognised and countered. This course also looks into further steps and organisations to contact if they suspect someone is being radicalised.

Learning Objectives

- Define extremism and radicalisation.
- Know the main elements of the UK Government's Prevent and CONTEST strategies
- Better understand what makes people vulnerable to radicalisation.
- Know your responsibilities and recognise indicators that radicalisation might be taking place.

Level / Professionals Aimed at

This course should be taken by all staff including:

- All staff working in schools
- Healthcare staff
- Social Workers
- University staff
- HR teams

Expected Duration

This course will take around 1 - 2 hours to complete.

Safeguarding and Leadership

Course Outline

What is safeguarding? Ultimately, it's about making sure the safety and wellbeing of vulnerable individuals - often, it's to do with safeguarding children - is as well-protected as possible from a social care standpoint. Strong leadership is therefore required to ensure this. Safeguarding legislation is in place to ensure this is approached in the most appropriate way at all times, and it's employers' responsibility to make sure their staff are aware of their social responsibility.

This course is designed for all levels of operational managers, and aims to make sure that everyone involved in delivering and monitoring services to children, young people and their families is doing so with their safety and wellbeing in mind, and is training their staff in doing the same.

Learning Objectives

- After completing the course, learners will know what is required to ensure that appropriate safeguarding training, monitoring and leadership is embedded throughout their organisation.
- The course is designed to:
 - Ensure Safeguarding in Service Delivery
 - Apply the Robust Model of Assurance
 - Ensure Multi-Agency Safeguarding

Level / Professionals Aimed at

This course should only be taken by operational managers or people working in managerial roles.

Expected Duration

This course will take around 3 hours to complete.

Safer Recruitment

Course Outline

Safer recruitment is designed to help those who are responsible for hiring anyone who works with children, to identify and deter or reject individuals who are deemed to be at risk of abusing children. It's crucial that all employers have a recruitment policy in place that takes into account safer recruitment best practices and considerations. This course covers key topics including: advertising, application forms, selecting candidates for interview based on the information they have presented, and post-interview checks before making an offer of employment.

Learning Objectives

- Outline what is meant by safer recruitment and the practices involved.
- Explain how safer recruitment supports effective safeguarding practice, define pre-employment checks (PEC) and who they apply to
- Identify legislation that underpins safer recruitment, and cases where a safe recruitment process could have prevented abuse
- Understand how to assess the suitability of candidates
- Outline the treatment of ex-offenders when working with individuals at risk
- Know the NHS employment check standards and their processes
- Understand the guidance that leads to safer recruitment procedures

Level / Professionals Aimed at

All managers involved in the recruitment of staff.

Expected Duration

This course should take around 2 hours to complete.

Safer Sleeping for Babies

Course Outline

Greater awareness of Sudden Infant Death Syndrome (SIDS) is one of the most effective ways to reduce cases. This course is designed to do just that whilst ensuring learners gain knowledge on practical and effective ways to reduce the risks. This course gives up to date information on how to make sleeping safer for babies and gives advice on lowering the chance of SUDC (Sudden Unexpected Death in Childhood).

Learning Objectives

- Explain what SIDS and sudden unexplained death in childhood (SUDC) are and be able to differentiate between the two.
- Identify the main environmental factors contributing to a higher risk of SIDS.
- List key factors affecting vulnerability to SIDS/SUDC
- Identify a range of safer sleeping strategies which may be communicated to parents and carers.
- Signpost clients to additional sources of support.

Level / Professionals Aimed at

This course is aimed at health workers, nursery workers, and those working with babies and new parents.

Expected Duration

This course should take 1 - 2 hours to complete.

Self Harm

This course replaces the previous Self harm and suicidal thoughts course.

Course Outline

Being able to identify and understand self-harm and its causes is crucial for anyone who works with vulnerable children young people or adults. This course will help learners to understand what to do if they suspect someone is potentially self-harming.

Learning Objectives

- Define Self Harm and its different forms
- Recognise risk factors and who is most at risk
- Describe the cycle of self-harm
- Outline the indicators of someone self-harming

Level / Professionals Aimed at

This course is relevant for all professionals specifically those detailed below:

- All staff in education settings
- Social workers
- Volunteers
- Police staff

Expected Duration

This course will take 1– 2 hours to complete.

Sexual Health

This is a new course available for learners.

Course Outline

This course on sexual health includes information on safe and risky sexual behaviours, sexually transmitted infections and diseases, consent, contraceptives.

Learning Objectives

- Understand the support Sexual Health services provide
- Explain how abortion is managed and what the national picture is
- Explain what is meant by sexual health and what the consequences of poor sexual health are
- Outline what is meant by sexual competence and how this links to good sexual health.
- List types of sex, their risks and actions that can help reduce the risks
- Recognise different STIs and STDs and understand the difference between the two.
- Understand the different forms of contraceptives, including LARC contraceptives.

Level / Professionals Aimed at

This course is relevant for all professionals specifically those detailed below:

- Doctors
- Nurses
- Care workers
- Social workers

Expected Duration

This course will take 1– 2 hours to complete.

Suicidal Thoughts

This course replaces the previous Self harm and suicidal thoughts course.

Course Outline

Identifying and understanding suicidal thoughts, how they develop and how you can support someone who has them, are explained in this course. Someone with suicidal thoughts will have a poor mental state and will not be able to cope with life as normal, this course shows how to identify and support this poor mental state.

Learning Objectives

- Explain what is meant by suicidal ideation and outline why people can experience it
- Describe how prevalent suicide is
- Identify and explain risk factors for suicidal ideation and outline why adolescents are at an increased risk
- Identify behaviors associated with suicidal ideation
- Explain how to respond to some with suicidal ideation

Level / Professionals Aimed at

This course is relevant for all professionals specifically those detailed below:

- All staff in education settings
- Social workers
- Volunteers
- Police staff

Expected Duration

This course will take 1– 2 hours to complete.

Supporting Teenagers and Young People

This is a new course available for learners.

Course Outline

This course covers a wide range of information and guidance on how to support teenagers and young people who are vulnerable to relationship abuse, substance misuse, and teenage pregnancy.

Learning Objectives

- Define what teenage relationships abuse is and the different forms of abuse with intimate relationships
- Explain what you need to do if you have concerns about a child or teenager
- Identify what is meant by bullying and the 'bullying cycle' and who is at risk.
- Know the different types of substances which young people might abuse and the effects of these substances on young people's physical and mental health.
- Understand why young people might misuse substances and the factors that make them vulnerable
- Identify the risk factors for teenage pregnancy and the impact of teenage pregnancy on the outcomes for young people.
- Outline support for young people to prevent unplanned pregnancy.

Level / Professionals Aimed at

This course is relevant for all professionals specifically those detailed below:

- All staff in education settings
- Social workers
- Volunteers

Expected Duration

This course should take around 3 - 4 hours to complete.

Toxic Trio

This course has combined the previous courses, Parental Mental Health and Hidden Harm.

Course Outline

The Toxic Trio describes the massive impact domestic abuse, parental mental health issues and parental substance abuse can have on both vulnerable children, young people and the parents themselves. This course will help the learner define what the toxic trio means and its effects. This will help to guide learners on how to deal with suspected toxic trio cases.

Learning Objectives

- Understand what is meant by 'Toxic Trio' and the risks associated with this
- Identify how the Toxic Trio can be an indicator of risk or need for safeguarding
- Be able to define parental substance misuse and the impact on children
- Identify safeguarding concerns
- Understand parental mental health and identify different types of mental illness that can affect parents
- Describe the effects of poor mental health on parents and children
- Signpost services and professionals that can support parents

Level / Professionals Aimed at

This course should be taken by all professionals working with children and their families.

Expected Duration

This course will take around 2 - 3 hours to complete.

Working with Children with Learning Difficulties and Disabilities

Course Outline

For those working with children with learning difficulties or disabilities there are a lot increased considerations that need to take place in regards to their safeguarding and care. This course gives an overview of information and guidance needed for those who work or care for children and young people in this situation.

Learning Objectives

- Identify different views, types and models of disabilities
- Identify barriers experienced by children, young people and their families: what does equality, diversity and inclusion mean for them?
- Working together with parents or carers and other professionals
- How to safeguard children with disabilities
- Understand significant legislation relating to disability issues

Level / Professionals Aimed at

Anyone working or coming into contact with children with learning difficulties or disabilities would find this course useful. The course is particularly useful for the following roles:

- All school staff
- Nursery staff
- Childminders / childcare staff
- Social workers
- Volunteers

Expected Duration

This course should take 4 - 5 hours to complete.

Evaluations

Some courses contain a post course evaluation which learners are expected to complete in order to gain the course certificate.

For all other courses the Business Office will send learners a post course survey around 3 months after completing a course to establish the impact taking the course has on practice.

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