**Free 2 Talk – Online Youth and Community Work**

Youth music course for 12-19 year olds - <https://m.facebook.com/grymnorthampton/>

12pm Monday to Friday Facebook Live quizzes, competitions and life skills. Contact [enquiries@free2talkcic.org](mailto:enquiries@free2talkcic.org) to be on the contact list.

2 prize competitions each week - contact [enquiries@free2talkcic.org](mailto:enquiries@free2talkcic.org) to be on the contact list.

Kings Heath - family group weekly activities and phone support - contact [Sam.brown@free2talkcic.org](mailto:Sam.brown@free2talkcic.org)

For parent support, parenting (Triple P) or perpetrators of domestic violence contact [enquiries@free2talkcic.org](mailto:enquiries@free2talkcic.org)

**Youth groups:**

***Mondays***

4pm Netflix party (you will need a Netflix account) contact [kevin.klumpje@free2talkcic.org](mailto:kevin.klumpje@free2talkcic.org)

4.30pm Blackthorn 8-11s year olds (on Discord, set your via parents) contact[Rachel.clarke@free2talkcic.org](mailto:Rachel.clarke@free2talkcic.org)

6.30pm Blackthorn 12+ (on Discord) contact [Deanne.frater@free2talkcic.org](mailto:Deanne.frater@free2talkcic.org)

***Tuesday’s***

4pm Spring Boroughs (on Google Hangouts) contact [kevin.klumpje@free2talkcic.org](mailto:kevin.klumpje@free2talkcic.org)

4.30pm Bellinge 8-11s year olds (on Discord, set your via parents) contact[Serena.dolphin@free2talkcic.org](mailto:Serena.dolphin@free2talkcic.org)

***Wednesday*** - coming soon

Radio show and live chat - contact [Connor.osborn@free2talkcic.org](mailto:Connor.osborn@free2talkcic.org)

5pm - Gaming Groups - contact [james.sheppard@free2talkcic.org](mailto:james.sheppard@free2talkcic.org)

***Thursday***

4.30pm Lumbertubs 8-11s year olds (on Discord, set your via parents) contact [Serena.dolphin@free2talkcic.org](mailto:Serena.dolphin@free2talkcic.org)

6.30pm Lodge Farm (on google hangouts) - contact [james.sheppard@free2talkcic.org](mailto:james.sheppard@free2talkcic.org)

All members are allocated a mentor through lockdown and support to transition back to school.

Young people don’t need to live in the estates to join the session.