**Free 2 Talk – Online Youth and Community Work**

Youth music course for 12-19 year olds - <https://m.facebook.com/grymnorthampton/>

12pm Monday to Friday Facebook Live quizzes, competitions and life skills. Contact enquiries@free2talkcic.org to be on the contact list.

2 prize competitions each week - contact enquiries@free2talkcic.org to be on the contact list.

Kings Heath - family group weekly activities and phone support - contact Sam.brown@free2talkcic.org

For parent support, parenting (Triple P) or perpetrators of domestic violence contact enquiries@free2talkcic.org

**Youth groups:**

***Mondays***

4pm Netflix party (you will need a Netflix account) contact kevin.klumpje@free2talkcic.org

4.30pm Blackthorn 8-11s year olds (on Discord, set your via parents) contactRachel.clarke@free2talkcic.org

6.30pm Blackthorn 12+ (on Discord) contact Deanne.frater@free2talkcic.org

***Tuesday’s***

4pm Spring Boroughs (on Google Hangouts) contact kevin.klumpje@free2talkcic.org

4.30pm Bellinge 8-11s year olds (on Discord, set your via parents) contactSerena.dolphin@free2talkcic.org

***Wednesday*** - coming soon

Radio show and live chat - contact Connor.osborn@free2talkcic.org

5pm - Gaming Groups - contact james.sheppard@free2talkcic.org

***Thursday***

4.30pm Lumbertubs 8-11s year olds (on Discord, set your via parents) contact Serena.dolphin@free2talkcic.org

6.30pm Lodge Farm (on google hangouts) - contact james.sheppard@free2talkcic.org

All members are allocated a mentor through lockdown and support to transition back to school.

Young people don’t need to live in the estates to join the session.