

Key:

What are you worried about?

Main worries: What are the worries regarding this young person means we are involved and/or feeling worried for this young person?
What **has happened**, and/or **is happening** that worries us?

- think how often this is happening over time, and how bad this has been in relation to its impact on the young person.

Complicating Factors: What are the factors/issues/things that make this situation more complicated, both for the young person and the professionals?

Main Worries Statement: These are statements describing the following questions answers, to enable you to set goals.

Who is worried?

What are you worried about?

What is the impact if nothing changed?

What is working well?

When it worked: When things worked for the young person, what were they doing that showed progress, made you and others proud, showed success and stability?

Existing Strengths: Positive aspects to the situation.

What needs to happen?

Change Goals: What do you need to see to be satisfied that this young person is doing well enough that would tell you that the support they need from you is no longer as intensive? These are NOT actions, these are things you would see that would tell you the child is safe if actions have been completed. These need to be written in a way that a young person could understand.

Next Steps:

What actions are going to completed to help achieve the goals?